# Chronic Obstructive Pulmonary Disease

### **Clinical Practice Initiatives**

Fallon Health Weinberg-HMO SNP, a Medicare Advantage Special Needs Plan and Fallon Health Weinberg-MLTC, a Managed Long-Term Care plan, both from Fallon Health Weinberg, have endorsed the Global Initiative for Chronic Obstructive Lung Disease (GOLD).

#### **Preventive Patient Education**

Fallon Health Weinberg may provide the following educational information to your patients and their caregivers:

- Reinforcement of healthy lifestyle changes including the importance of having routine follow-up visits, taking medication(s) as prescribed, maintaining a healthy diet for weight management, following exercise recommendations, smoking cessation and avoidance of secondhand smoke
- Psychosocial adjustment in living with a chronic illness
- Importance of an annual influenza vaccine
- Importance of pneumococcal vaccines on or after 65<sup>th</sup> birthday, according to current guidelines
- Discussion about smoking cessation
- Importance of appropriate pharmacotherapy management of COPD exacerbation, along with regular follow-up visits, to support disease self-management

#### **Clinical Indicators**

Fallon Health Weinberg may utilize the following indicators to determine the percentage of patients who received:

- Annual Influenza vaccine
- Pneumococcal vaccines as recommended
- Spirometry testing in the initial assessment and diagnosis of COPD

## 1-855-665-1112

Monday–Friday, 8:30 a.m.–5:00 p.m.

#### fallonweinberg.org

