

Alcohol Abuse Prevention and Treatment

Clinical Practice Initiatives

Fallon Health Weinberg-HMO SNP is a Medicare Advantage Special Needs Plan and Fallon Health Weinberg-MLTC a Managed Long-Term Care plan, both from Fallon Health Weinberg.

Preventive Patient Education

Fallon Health Weinberg may provide the following educational information to your patients and their caregivers:

- Reinforcement of healthy lifestyle changes including the importance of having routine follow-up visits, taking medication(s) as prescribed, maintaining a healthy diet for weight management, following exercise recommendations, smoking cessation and avoidance of secondhand smoke and alcohol consumption
- The National Institute on Alcohol Abuse and Alcoholism (NIAAA) states, "Adults over the age of 65 who are healthy and do not take any medications should not have more than 3 drinks on a given day or 7 drinks in a week"
- Signs of alcohol abuse may include changes in eating and/or sleeping patterns, cognitive impairment, malnutrition, liver function abnormalities, altered mood, poor hygiene or frequent falls
- Patients with a history of mental illness, current or previous legal problems and/or psychosocial adjustment in living with a chronic illness are at higher risk for abusing alcohol
- The CAGE questionnaire is the screening tool used to identify potential alcohol abuse

Clinical Indicators

Fallon Health Weinberg may measure this indicator and it would be done by:

- A referral would be made to a behavioral health clinician for positive substance abuse screening

1-855-665-1112

Monday–Friday, 8:30 a.m.–5:00 p.m.

fallonweinberg.org

