

# Heart Failure

## Clinical Practice Initiatives

Fallon Health Weinberg-HMO SNP is a Medicare Advantage Special Needs Plan and Fallon Health Weinberg-MLTC, a Managed Long-Term Care plan, both from Fallon Health Weinberg.

### **Preventive Patient Education**

Fallon Health Weinberg may provide the following educational information to your patients and their caregivers:

- Reinforcement of healthy lifestyle changes including the importance of having routine follow-up visits, taking medication(s) as prescribed, maintaining a healthy diet for weight management, following exercise recommendations, smoking cessation, and avoidance of secondhand smoke
- Appropriate pharmacologic therapy, along with regular follow-up visits, to support control of high blood pressure or congestive heart failure
- Importance of following provider guidelines for limiting sodium intake and monitoring weight as clinically indicated
- Psychosocial adjustment in living with a chronic illness
- Importance of annual influenza vaccine
- Importance of pneumococcal vaccines on or after 65<sup>th</sup> birthday, according to current guidelines
- How to minimize the risks associated with comorbid diabetes
- Smoking cessation

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### Clinical Indicators

Fallon Health Weinberg may utilize the following indicators when determining:

The percentage of your patients ages 21 and older

- Taking the following medications for at least six months who received **annual** monitoring:
  - Diuretics: Serum K+ **and** Serum creatinine

The percentage of your patients ages 21 and older with:

- Annual influenza vaccine
- Pneumococcal vaccines

**1-855-665-1112**

Monday–Friday, 8:30 a.m.–5:00 p.m.

**fallonweinberg.org**

