

Diabetes

Clinical Practice Initiatives

Fallon Health Weinberg-HMO SNP, a Medicare Advantage Special Needs Plan and Fallon Health Weinberg-MLTC, a Managed Long-Term Care plan, both from Fallon Health Weinberg, have endorsed the American Diabetes Association's Standards of Medical Care in Diabetes 2015. This position statement can be found at <http://www.fallonweinberg.org/Providers/medical-management/clinical-guidelines.aspx>.

Preventive Patient Education

Fallon Health Weinberg may provide the following educational information to your patients and their caregivers:

- Reinforcement of healthy lifestyle changes including the importance of having routine follow-up visits, taking medication(s) as prescribed, maintaining a healthy diet for weight management, following exercise recommendations, smoking cessation, and avoidance of secondhand smoke and alcohol consumption
- Psychosocial adjustment in living with a chronic illness
- Importance of appropriate pharmacotherapy management, along with regular follow-up visits, to support disease self-management, maintain blood pressure control and have a B/P check at each office visit
- Importance of an annual influenza vaccine
- Importance of pneumococcal vaccines on or after 65th birthday, according to current guidelines
- Importance of smoking cessation
- Annual hemoglobin A1C screening: Goal is based on the patients' overall functional medical status
- Annual LDL screening: Goal based on the patients' overall functioning medical status
- Importance of remaining on statin medication if appropriate
- Annual retinal eye exams
- Annual nephropathy attention: ACE Inhibitor or ARB therapy **OR** Microalbuminuria testing
- Foot exam

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Clinical Indicators

Fallon Health Weinberg may utilize the following indicators to determine the percentage of patients ages 21-75 who:

- At a minimum, have a hemoglobin A1C test performed annually
- Have a blood test for LDL screening performed annually
- Were dispensed a statin medication and remained on the statin medication if appropriate
- Have had an **annual** retinal eye exam
- Have a blood pressure reading at goal
- Are on an ACE Inhibitor/ARB medication who had an **annual** serum K+ **and** a serum creatinine
- Are on an ACE Inhibitor or ARB therapy **OR** an **annual** microalbuminuria test

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Monday–Friday, 8:30 a.m.–5:00 p.m.

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