

Care for Older Adults

Clinical Practice Initiatives

Fallon Health Weinberg-HMO SNP is a Medicare Advantage Special Needs Plan and Fallon Health Weinberg-MLTC, a Managed Long-Term Care plan, both from Fallon Health Weinberg.

Preventive Patient Education

Fallon Health Weinberg may provide the following educational information to your patients and their caregivers:

- Reinforcement of healthy lifestyle changes including the importance of having an annual health assessment, routine follow-up visits, taking medication(s) as prescribed, maintaining a healthy diet for weight management, following exercise recommendations, smoking cessation and avoidance of secondhand smoke
- Importance of an annual influenza vaccine
- Importance of pneumococcal vaccines on or after 65th birthday, according to current guidelines
- Discuss the following with your doctor:
 - Advance care planning
- Your doctor will perform the following:
 - Medication Review/Current medication list
 - Current functional status assessment
 - Pain assessment

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Clinical Indicators

It is recommended that members ages 66 and older have:

- An advance care plan **or** an **annual** advance care planning discussion
- Annual documentation of at least one medication review **and** the presence of a current medication list in the medical record
- Annual notation in the medical record that:
 - IADLs were assessed
 - ADLs were assessed
 - Assessment of at least three of the following:
 - cognitive status
 - ambulatory status
 - sensory ability (hearing, vision, speech)
 - other functional independence (e.g.: exercise, ability to perform job)
- Annual documentation of a pain assessment

1-855-665-1112

Monday–Friday, 8:30 a.m.–5:00 p.m.

fallonweinberg.org

